

ARBOUR SQUARE DINING EXPERIENCE

BREAKFAST

Breakfast is not included in the monthly rent. However, every apartment is equipped with a kitchen so residents can prepare their own breakfast at their convenience!

LUNCH

Lunch is included in your monthly rent. Choose from the following menu everyday.

- **Daily Special** made fresh daily. Sample items include: hot roast beef sandwich, pasta primavera, crab cake sandwich
- **Hot Sandwiches:** hamburgers, hot dogs, grilled cheese
- **Cold Sandwiches:** turkey, ham, roast beef, egg salad, tuna salad, crab salad, or chicken salad with a choice of american, swiss, and provolone cheese
- **Salad Bar** includes fresh in season vegetables from the garden grown and tended by Arbour Square residents
- **Soup of the Day** made fresh daily
- **Fresh assorted desserts:** cake, Jello, ice cream, pudding, sugar-free desserts and fruit

DINNER

Dinner is included in the monthly rent. Our chefs prepare all dinners in house daily. Residents can also order from the Alternate Menu each day.

Sample Entrees:

- Filet mignon with a demi glaze, served with roasted red bliss potatoes and fresh vegetables
- Jumbo shrimp scampi over pasta or over rice also served with fresh vegetables

Alternate Menu:

- Poached chicken breast
- Poached fish (catch of the day)
- Fresh steamed vegetable platter
- Grilled cheese sandwich
- Cheese Omelette

Additional Dinner Items:

- Salad Bar with fresh fruit and vegetables
- Soup of the Day made fresh daily
- Full dessert menu including cake, pie, Jello, ice cream, pudding and sugar-free desserts

ARBOUR  SQUARE
OF HARLEYSVILLE
INDEPENDENT LIVING

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